**CP Biology – Self Evaluation and Goal Setting**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_ Per: \_\_\_\_

This is a self-evaluation of your performance in biology during the first semester. The goal is to take an honest look at your performance and effort, and determine what you did well and what you need to change in order to be successful first semester. You will receive your first grade of the semester on this assignment. Grades will be based on your effort and honest attempts at self-evaluation. Self-evaluations can be difficult to complete and are only helpful if taken seriously.

My first semester grade: \_\_\_\_\_\_\_ Grade I wanted first semester: \_\_\_\_\_\_\_\_

My grade goal for second semester: \_\_\_\_\_\_

Rank your success in each category from 1-5 (5 = highest, where you excelled, 1 = lowest, where you need work)

\_\_\_\_\_ Tests

\_\_\_\_\_Quizzes

\_\_\_\_\_Homework

\_\_\_\_\_Labs

\_\_\_\_\_Projects

\_\_\_\_\_Effort at home

\_\_\_\_\_Effort during class

\_\_\_\_\_ Behavior and attitude during class

What are some things you did well first semester (discuss at least 2)?

What are some things that you need to improve on from first semester (discuss at least 2)?

Identify three specific goals for second semester (your grade will not count as one since you already identified that goal), and steps you will take to achieve them. Goals are more often met if they are specific, measurable, and have a timeline. If your goal is for the entire semester, put June 12

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| --- | --- | --- |
| Goal | Date achieved | Steps to achieve (you need at least 2 steps for each goal |
| 1. |  |  |
| 2. |  |  |
| 3. |  |  |